Alice's Garden
PLANTS * GIFTS * TINY WONDERS

Don't give your plants the cold shoulder this winter!

We need to take care of ourselves differently during the colder, shadier, and dryer winter months- and your plants are no different!

Your plant will not grow in height or put out as many new leaves (if any) during the winter months as they would in the spring and summer (also called the "growing months".) And while this period of dormancy is important for your plants, you do still need to adjust your routine to account for the environmental changes happening outside.

What to remember when maintaining your indoor plants during the winter:

1. **Cut back on watering.** There is a relationship between how much sunlight your plants get with how much water they will need. Plan to water your plants about half as much as you normally would, and remember- it is always safer to air on the side of underwatering rather than overwatering, so be sure to check the soil's dampness with a moisture meter, your fingers, or another tool before giving it

water!

2. **Help them get as much sun as possible.** Plants that thrived several feet from a window may need to be moved closer to account for the lack of sunlight. Make sure the windows are not leeching cold air inside or your plants will surely be unhappy! You may even want to supplement cacti and/or succulents with an additional grow lamp to ensure they get the light they need.

3. **They may lose a couple of leaves in the process.** While adjusting to environmental change, plants sometimes shed leaves to conserve and redirect their energy into the more essential parts of the plant. This is completely natural! Unless you are losing several leaves a day, or they're turning yellow or brown before falling, chances are your plant is merely adjusting and will bounce back.

4. **Avoid extreme temperature changes.** This means keeping plants away from heating vents (which will dry them out quickly), or near a window or high-traffic door that opens and closes frequently. These hot and cold drafts may cause your plant to experience shock and may eventually die if exposed to extreme temperature shifts.

5. **Hold off on fertilizing or repotting until the spring**. While it is tempting to want to help your plants along with a nutrient boost, there is more risk of burning the roots with chemical fertilizers in the winter. You can, however, top dress your plant with earthworm castings to invigorate the soil since they are extremely gentle and natural. You should avoid repotting as well, as your plant may experience transplant shock and won't be as able to adapt to their new pot/soil.

Featured Houseplant:

This week's featured houseplant is the **Philodendron White Princess!** These plants likely make any plant collector's heart skip a beat- and for good reason! Its gorgeous leaves can produce pink AND white variegation making them truly unique. They like bright, indirect light and to be fairly dry between waterings. Grab one for your honey this Valentine's Day!

New Plants have landed at Alice's Garden!

NEW houseplants have arrived at Alice's Garden! Come shop for beautiful Angel Vine topiaries, White Princess Philodendron, Pink Spkash Syngoniums, Goldfish Plants, and so much more!

Upcoming Classes:

• January 20th, 1pm: Candle Pouring
• January 27th, 1pm: ADVANCED Terrarium Building (Jumbo Size)
•February 3rd, 1pm: Macrame Plant Hanger
•February 8th, 7pm: Candle Pouring for Couples
•February 10th, 1pm: Hoya Kerrii (Sweetheart Plant) Kokedama Ball
•February 10th, 3pm: Mini Orchid Mounting Class
•February 17th, 1pm: Terrarium Building
•February 24th, 1pm: Vegetable and Herb Seed Starting Class

To purchase tickets to any of these events, head to our Eventbrite Page, visit the store, or call us at (317) 291-1441 to reserve your spot today!